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Sarasota's Required Implementation Plan for 2023–2024 Academic Year

011. Substance use and abuse

Selected grade(s): Grade 6, Grade 7, Grade 8, Grade 9, Grade 10, Grade 11, Grade 12

Selected course(s) *

2104000 – M/J Social Studies
1506320 – HOPE–Physical Education Variation
0061232 – Counselor, Middle/Junior High
0061233 – Counselor, Senior High School

Selected qualification(s) of the instructors for the selected courses above *

Florida Certified Teacher
School Nurse
School Counselor
School Psychologist

Selected method(s) of delivering instruction *

Oral
Written

Selected instructional materials used *

Web Materials
National Institute of Health
Light Share

Provided details about the instruction that took place in the courses and grades selected above *

Middle and High schools were given autonomy regarding the delivery of substance use and abuse instruction based on the school's needs. School's elected to deliver the instruction in various ways including during an advisory period by teachers, by physical education teachers, small classes in the library. A developmentally appropriate lesson and activities were delivered in a 30-minute session and 10 minutes of direct facilitation from a staff member, resulting in a

total of 40 minutes of instruction. Instruction was delivered in the above courses utilizing a small student to teacher ratio by instructors that are familiar with the students. Each lesson is grade level specific and age/developmentally appropriate. This small class setting allowed peers to engage in questions using open dialog in a safe space.

The district created a YouTube module to disseminate. The development of instructional materials included information from the following resources: National Institute on Drug Abuse <https://www.drugabuse.gov/>, National Institute of Health <https://www.nih.gov/>, and local Light Share Substance Abuse Professionals (SAP). A Facilitator Preparation Guide was sent with the module, which included specific school site support contacts. The module contained community, statewide, and national resources related to substance use and abuse.

Selected grade(s): Grade K, Grade 1

Selected course(s) *

0061231 – Counselor, Elementary School

Selected qualification(s) of the instructors for the selected courses above *

Florida Certified Teacher
School Nurse
School Counselor
School Psychologist

Selected instructional materials used *

Brainpop Jr.

Provided details about the instruction that took place in the courses and grades selected above *

Elementary schools will deliver substance abuse instruction in lieu of morning announcements/news show. Delivering substance abuse instruction during this time will allow children to remain with their homeroom teacher, remaining in a small group setting with a teacher they already have a strong rapport with. This small class setting will allow students to engage in questions, using an open dialog in a safe space. An interactive video module will be utilized. Facilitator directions will be distributed to all instructors which will outline lesson delivery and included specific resources for students and staff. The district will disseminate a 'Substance Use and Abuse' link to all Elementary Schools. A Facilitator Direction Guide and resource page will be sent with the module. The instructor will facilitate the lesson on substance use, abuse, and prevention. Lesson presented in October in recognition of Red Ribbon Week.

Selected grade(s): Grade 2, Grade 3**Selected course(s) ***

0061231 – Counselor, Elementary School

Selected qualification(s) of the instructors for the selected courses above *

Florida Certified Teacher
School Nurse
School Counselor
School Psychologist

Selected instructional materials used *

Monique Burr Foundation Grades K-5 Child Safety Matters

Provided details about the instruction that took place in the courses and grades selected above *

Elementary schools will deliver substance abuse instruction in leu of morning announcements/news show. Delivering substance abuse instruction during this time will allow children to remain with their homeroom teacher, remaining in a small group setting with a teacher they already have a strong rapport with. This small class setting will allow students to engage in questions, using an open dialog in a safe space. An interactive video module will be utilized. Facilitator directions will be distributed to all instructors which will outline lesson delivery and included specific resources for students and staff. The district will disseminate a 'Substance Use and Abuse' link to all Elementary Schools. A Facilitator Direction Guide and resource page will be sent with the module. The instructor will facilitate the lesson on substance use, abuse, and prevention. Lesson presented in October in recognition of Red Ribbon Week.

Selected grade(s): Grade 4, Grade 5**Selected course(s) ***

0061231 – Counselor, Elementary School

Selected qualification(s) of the instructors for the selected courses above *

Florida Certified Teacher
School Nurse
School Counselor
School Psychologist

Selected instructional materials used *

Monique Burr Foundation Grades K-5 Child Safety Matters

Provided details about the instruction that took place in the courses and grades selected above *

Elementary schools will deliver substance abuse instruction in leu of morning announcements/news show. Delivering substance abuse instruction during this time will allow children to remain with their homeroom teacher, remaining in a small group setting with a teacher they already have a strong rapport with. This small class setting will allow students to engage in questions, using an open dialog in a safe space. An interactive video module will be utilized. Facilitator directions will be distributed to all instructors which will outline lesson delivery and included specific resources for students and staff. The district will disseminate a 'Substance Use and Abuse' link to all Elementary Schools. A Facilitator Direction Guide and resource page will be sent with the module. The instructor will facilitate the lesson on substance use, abuse, and prevention. Lesson presented in October in recognition of Red Ribbon Week.

O12. Child Trafficking Prevention Education

Selected grade(s): Grade 6, Grade 7, Grade 8, Grade 9, Grade 10, Grade 11, Grade 12

Selected course(s) *

1506320 - HOPE-Physical Education Variation
 0061232 - Counselor, Middle/Junior High
 0061233 - Counselor, Senior High School

Selected qualification(s) of the instructors for the selected courses above *

Florida Certified Teacher
 School Nurse
 School Counselor
 School Psychologist

Selected method(s) of delivering instruction *

Oral
 Written
 Digitally

Selected instructional materials used *

FDOE Resource Page
 FLDOE: Human Trafficking
 The Human Trafficking Hotline
 Human Trafficking Video

Provided details about the instruction that took place in the courses and grades selected above *

Each school was given autonomy regarding the delivery of child trafficking and prevention education based on the schools needs. Schools elected to deliver the instruction in various ways including during an advisory period by teachers, by physical education teachers, or in small classes in the library. The child trafficking lesson consists of 30 minutes of direct instruction and 10 minutes of staff led facilitation, resulting in a total of 40 minutes of instruction.

The district created a YouTube module to disseminate. A Facilitator Preparation Guide was sent with the module, which included specific school site support contacts. The module contained community, statewide, and national resources related to child trafficking prevention and assistance. Each lesson is grade level specific and age/developmentally appropriate. Instructors who observed warning signs throughout the lessons will provide students assistance in seeking help.

Selected grade(s): Grade K, Grade 1, Grade 2, Grade 3, Grade 4, Grade 5

Selected course(s) *

0061231 – Counselor, Elementary School

Selected qualification(s) of the instructors for the selected courses above *

Florida Certified Teacher
School Nurse
School Counselor
School Psychologist

Selected method(s) of delivering instruction *

Oral
Written

Selected instructional materials used *

Monique Burr Foundation Grades K–5 Child Safety Matters

Provided details about the instruction that took place in the courses and grades selected above *

A recorded module is utilized across grade levels. Facilitator resources will be distributed to all instructors which will outline lesson delivery. The district will disseminate a grade level specific video module that was created in collaboration between Student Services Staff, the Elementary Curriculum Department and Monique Burr Foundation. The instructor will facilitate the video module and activity providing instruction on human trafficking awareness and prevention. These will be presented in the month of January in recognition of Human Trafficking Month.

O5. Resiliency Education: Civic and Character Education and Life Skills Education.

Selected grade(s): Grade 6, Grade 7, Grade 8, Grade 9, Grade 10, Grade 11, Grade 12

Selected course(s) *

1506320 - HOPE-Physical Education Variation
0061232 - Counselor, Middle/Junior High
0061233 - Counselor, Senior High School
2106310 - United States Government

Selected qualification(s) of the instructors for the selected courses above *

Florida Certified Teacher
School Nurse
School Counselor
School Psychologist
Sarasota Supervisor of Elections

Selected instructional materials used *

Florida's Resiliency Toolkit and Character Education
CPALMS
Florida Department of Health
Blue Campaign
The Facts. Your Future.

Provided details about the instruction that took place in the courses and grades selected above *

Each Middle and High School was given autonomy regarding the delivery of **Resiliency Education: Civic and Character Education and Life Skills Education** based on the school's needs. School's elected to deliver the instruction in various ways including during an advisory period by teachers, by physical education teachers and small classes in the library. Each of the 8 modules consists of 30 minutes of direct instruction and 10 minutes of staff led facilitation, resulting in a total of 40 minutes of instruction, resulting in a total of 320 minutes of instruction.

The district created video modules to disseminate using CPALMS and state-endorsed content found through the FLDOE. A Facilitator Preparation Guide was sent with the module, which included specific school site support contacts. The module contained community, statewide, and national resources related to the required instruction components. Each lesson is age/developmentally appropriate. Instructors who observed warning signs throughout the lessons will provide students assistance in seeking help.

Middle and High School schedule and monthly Resiliency focus:

September- Citizenship and Volunteerism (HS), Suicide Prevention (MS)

Resources: CPALMS/Resiliency Toolkit, Suicide and Crisis Hotline, Call 988, HOME to 741741, www.Hopeforhealingfl.com (MS)

Required Instruction Component: Strategies specific to demonstrating resiliency through adversity, including the benefits of service to the community through volunteerism; AND Prevention of suicide;

October- Healthy Coping Skills

Resources: CPALMS/Resiliency Toolkit

Required Instruction Component: Promotion of resiliency to empower youth to persevere and reverse the harmful stigma of mental health by reframing the approach from mental health education to resiliency education;

November- Citizenship and Volunteerism (MS), Suicide Prevention (HS)

Resources: CPALMS/Resiliency Toolkit (MS), Suicide and Crisis Hotline, Call 988, HOME to 741741, www.Hopeforhealingfl.com (HS)

Required Instruction Component: Strategies specific to demonstrating resiliency through adversity, including the benefits of service to the community through volunteerism; AND Prevention of suicide;

December- Resiliency: Empathy, perseverance, grit, gratitude and responsibility;

Resources: CPALMS/Resiliency Toolkit

Required Instruction Component: Strategies to develop healthy characteristics that reinforce positive core values and foster resiliency such as:

1. Empathy, perseverance, grit, gratitude and responsibility;
2. Critical thinking, problem solving and responsible decision-making;
3. Self-awareness and self-management;
4. Mentorship and citizenship; and
5. Honesty.

January- Overcoming Adversity, Awareness of Resources & Human Trafficking Prevention

Resources: DHS.GOV/BlueCampaign

Required Instruction Component: Strategies to support a peer, friend, or family member through adversity

February- Substance Abuse Prevention and Education, Awareness of Resources

Resources: TheFactsyourFuture.org, HOPE Florida

Required Instruction Component: Prevention of the abuse of and addiction to alcohol, nicotine, and drugs; and

March- Resiliency: Conflict Resolution

Resources: CPALMS/Resiliency Toolkit

Required Instruction Component: Strategies to support a peer, friend, or family member through adversity;

April: Mental Health Awareness and Assistance

Resources: Local Community Agencies, CPALMS/Resiliency Toolkit

Required Instruction Component: Recognition of signs and symptoms of mental health concerns;

Life, Liberty, and Personal property are taught via Celebrate Freedom Week initiative, including the recitation of the Declaration of Independence, as well as in 7th grade US history and 8th grade Civics through direct instruction on the Declaration and its meaning. Patriotism and citizenship are taught in Unit 1 of Civics which focuses on the duties and responsibilities of a US Citizen and the pathways to become a US Citizen.

For the responsibilities for grades 11 and 12, voting using the uniform primary and general election ballot we had the Supervisor of Elections for Sarasota County come in and speak with our students about the voting process and general ballots.

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